ABBIE BETINIS

FROM BEHIND THE CARAVAN: SONGS OF HÂFEZ

SSAA chorus, s. a. soloists, viola or cello, Persian hand drums, optional Oud

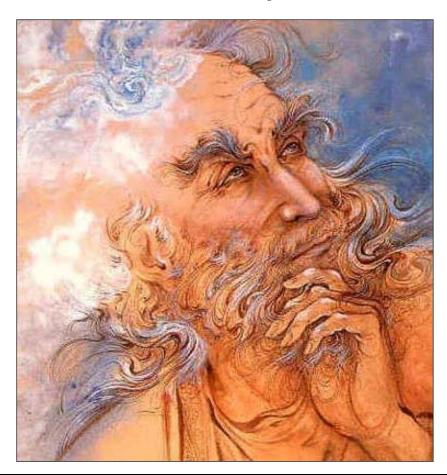
I. we have come

II. suffer no grief

III. closer to the fire

IV. boatpeople

V. we have come (reprise)



The Music of Abbie Betinis

web: www.abbiebetinis.com + phone: 612-590-3998 + email: abbie@abbiebetinis.com

Commissioned by The Rose Ensemble (Saint Paul, Minnesota); Jordan Sramek, artistic director Premiered March 2007 on "Candlelight Concert: Mystics, Prophets, Sages & Seers"

Program Note:

Johann Wolfgang Goethe once wrote, "Only with you, Hâfez, do I wish to compete, for the older you get the younger you become. . . And religion is no obstacle, for if the word 'Islam' means to submit to God, we all live and die in Islam."

Khwajeh Shams al-Din Muhammad Hâfez-e Shirazi (ca. 1320-1390) was born in Shiraz, Persia (Iran). He wrote nearly 400 lyric poems, called *ghazals*, and is the undisputed master of that particular poetic form. His mystical writing is based on Sufism, a tradition of Islam that is associated both with the Sunni and Shi'a denominations, as well as many other currents of Islam.

I was particularly drawn to these four *ghazals* because of the elegant way they depict longing... longing for Truth, longing for Reason, longing for Kindness, Love, and – always – longing for the Beloved. Also, as I was reading, I found that many of Hâfez's poems seem to have in common beautiful metaphors of transience: fire, breath, breeze.

Above all, I have tried desperately to remain true to the intonation of the language, and to Hâfez's poetic instinct. Each poem unfortunately had to be shortened to create a concert piece, but I encourage anyone to seek out the original poems in their entirety. Special thanks to my friend Behrooz Alavi for his insights into Hâfez's poetry, its pronounciation, and its rich performance practice.

The music is my own, and not authentically Persian. It is my interpretation of an assortment of influences, including my study of Persian speech, scales and modes, but perhaps also from my distant memory of being four years old and dancing – joyfully and tirelessly – with my Greek relatives to music that whirled feverishly around me.

"From Behind the Caravan: Songs of Hâfez" is dedicated, with great admiration, to The Rose Ensemble.

		- Abbie Betinis

Performance Notes & Ideas:

Language: Amazingly, the Persian (Farsi) language has remained nearly unchanged since the 9th century, and Hâfez's poetic tradition remains strong, particularly in Iran. If possible, query your local Irani community for a native speaker to coach your singers on these beautiful texts.

Instrumentation: The instrumentation of this piece can be easily modified. The conductor may choose viola or cello as the primary accompanying instrument, with the option of doubling *oud* on mvts. I, III & V, or improvised Persian *ney* flute. Transposed parts for soprano sax (mvts I, III, V only) are available from the composer upon request. Hand percussion on mvts I, II & V should improvise where indicated.

Percussion instruments recommended:

Mvt. I = Ria or tambourine

Mvt. II = Tombak. (Daf. or other frame drum, is also possible.)

Mvt. III = *Tombak*, handclaps, or other high-pitched, sharp percussive sounds.

Mvt. IV = none

Mvt. V = Rig or tambourine

Programming: Each of the poems has a traditional way of being sung, so it is possible to introduce each movement with a bit of the beautiful sung text in the traditional manner. Instrumental interludes performed in the Persian style between some or all movements have also proven to be a rich addition to the concert piece.

Resources: Resources for learning the spoken text and recordings of the full concert piece are available at www.abbiebetinis.com.

TRANSLITERATION GUIDE

Printed lette	er	IPA	As Pronounced in American English	Persian Example:	and Translation
а	=	a	"fa-la-la"	qam	(grief)
â	=	Э	"thought"	mâ, Hâfez	(we, Hâfez)
е	=	е	" cha otic"	ke	(such that / for)
ə	=	ə	unstressed, neutral vowel, sung as "shadow" vowe	dush⁵	(last night)
i	=	i	"deed"	didam	(I saw)
0	=	0	" o bey"	shokre	(thanks)
u	=	u	"too"	Yusofe	(Joseph)
ey	=	eı	"sail" (diphthong)	pey	(pursuit)
g	=	g	"give"	golestân	(rose garden)
j	=	3	"mira ge "	jange	(war)
kh, q	=	X	as in the Scottish "Lo ch Ness"	barkhiz	(arise)
r	=	ř	flipped "r"	râhi	(road)
,	=	3	glottal onset as in "uh-oh!"	âmade-'im	(we have come)

TEXTS AND TRANSLATIONS*

(movement titles are followed by metrical marks denoting the traditional Persian scansion of the poem)

I. we have come (from #366)

· · - - _{||} · · · - - _{||} · · · - - _{||} · · · -

Mâ, be-din dar, na pey-e heshmato jâh... âmade-'im;

az-bad-e hâdese, 'injâ, be-panâh, âmade-'im.

Rahro-e manzel-e 'eshqimo ze sarhadde 'adam, tâ, be-eqlim-e vojud, in-hame râh... âmade-'im.

Langar-e helm-e to, ey kashti-ye tofiq⁹, kojâst? ke, dar in bahr-e karam, qarq-e gonâh... âmade-'im.

Hâfez, in kherqe-ye pashmine bi-yandâz⁹, ke mâ az-pe-ye gâfele, bâ-'âtash-e 'âh... âmade-'im!

We, to this door, seeking neither pride nor glory... we have come. For shelter from ill-fortune, here... we have come.

Traveling along love's journey, from the borders of nothingness, Now into states of being, all this way... we have come.

O ship of grace, where is thy anchor of forbearance? For in this ocean of generosity, immersed in sin... we have come.

Hâfez, throw off your woolen kherge [Sufi cloak], for we, from behind the caravan, with the fire of sighing "ah!"... we have come.

II. suffer no grief (from #255)

- · - - ₁₁ - · - - ₁₁ - · - - ₁₁ - · -

Yusof-e gom-gashte bâz-âyad be Kan'ân.

Qam ma-khor.

Kolbe-ye ahzân shavad, ruzi, golestân.

Qam ma-khor...

Joseph, forsaken, shall return to Canaan.

Suffer no grief.

From the thorny stalks of family grief, one day, a rose garden. Suffer no grief...

Dar-biâbân, gar, be-shoq-e Ka'be, khâhi zad qadam, sar-zanesh-hâ, gar konad khâr-e moqilân,

Qam ma-khor...

If you desire the Way and plant your pilgrim foot in the desert, then if the mighty Arabian thorn makes reproofs,

Suffer no grief...

Translations compiled by the composer from those of Wilberforce Clarke (1891) and Michael Boylan (1988).

Qam ma-khor, qam ma-khor, ey del. Suffer no grief, suffer no grief, O heart. Vin sar-e shuride bâz-âyad be-sâmân. Back to reason, comes this distraught head. Qam ma-khor... Suffer no grief... O ey del, del-e gam-dide, ey! ey! Qam ma-khor... O heart, despairing heart, O! O! Suffer no grief... Hich^ə râhi nist, ka-ân-râ nist pa-âyân. There is no road that has no end. III. closer to the fire (from #184) - - - || - - - || - - - || - - -Dush⁹ didam ke malâ-yek dar-e mey-khâne za-dand; Last night I saw the angels beating at the door of the tavern, gel-e âdam be-seresht-and-o be peymâne za-dand. The clay of Adam they shaped, and into the mould they cast it. Jang-e haftâd-o do mellat, hame râ ozr^e be-neh; The churches war among themselves, forgive them; chon^e nadid-and haqiqat, rah-e afsâne za-dand. When they cannot see the truth, the door of fable they beat. Âtash, Âtash! â! â! Fire, Fire! Oh! Oh! Shokr-e izad ke miân-e man-o u solh^e oftâd, Thanks be to God, for between me and Him, peace chanced. sufian rags⁹-konân, sâgar-e shokrâne za-dand. Sufis, dancing, cast their cups of thankfulness! Âtash, Âtash! â! â! Fire, Fire! Oh! Oh! IV. boatpeople (from #5) // - · - - // - - · // - · - -Del miravad ze dastam, sâheb-delân khodâ râ; My heart falls from grasp! Come to my cry, for God's sake; Dard-â ke râz-e penhân, khâhad^e shod âshkâ râ. O the pain that Love's hidden mystery should be disclosed! Bar-khiz, bar-khiz... ey bâd-e... Arise, arise... O breeze... Âsâyesh-e do giti tafsir-e in do harf-ast: To ease the pain of the world, live by these words: Bâ dustân morov'at, bâ doshman-ân modârâ. With friends, give kindness; with enemies, courtesy. Kashti-shekastegân-im, ey bâd-e shorte bar-khiz Shipwrecked are we, O fair breeze, arise! Bâshad ke bâz binam, didâr-e âsna râ. So that, again, we may behold the face of the Beloved. Behold ...! Bengar...! V. we have come (reprise) (from #366) · · - - _{//} · · · - - _{//} · · · -

Mâ, be-din dar, na pey-e heshmato jâh... âmade-'im;

az-bad-e hâdese, 'injâ, be-panâh, âmade-'im.

az-pe-ye qâfele, bâ-'âtash-e 'âh... âmade-'im!

Hâfez, in kherqe-ye pashmine bi-yandâz⁹, ke mâ

Hâfez, throw off your woolen kherqe [Sufi cloak], for we, from behind the caravan, with the fire of sighing "ah!"... we have come!

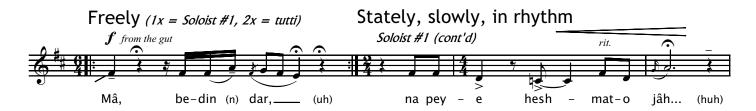
We, to this door, seeking neither pride nor glory... we have come.

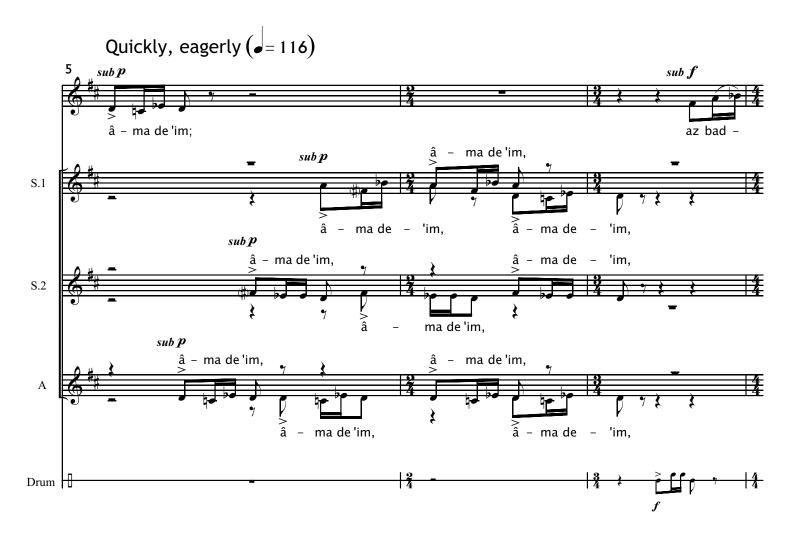
For shelter from ill-fortune, here... we have come.

I. we have come

SSAA chorus, s. a. soloists, viola or cello, Persian hand drum*

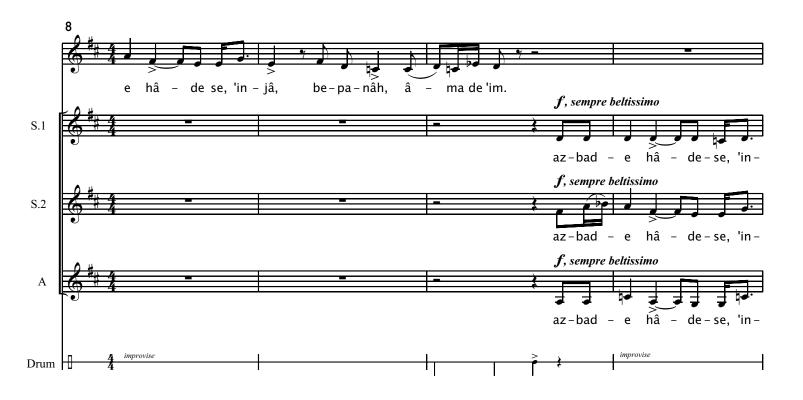
Hâfez Abbie Betinis

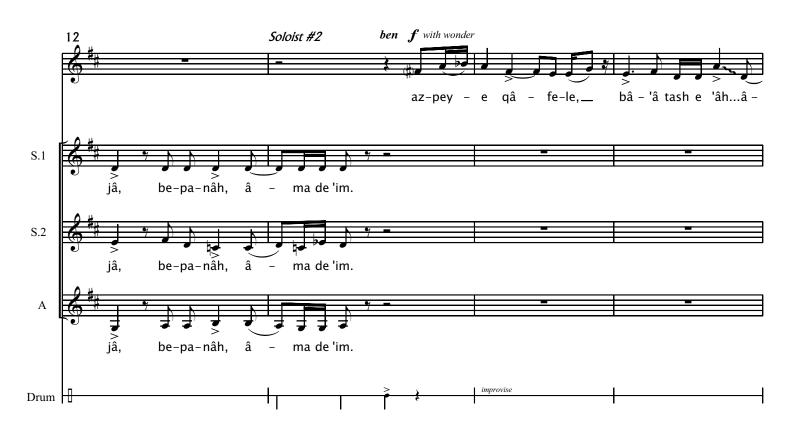




^{*} Note: Composer suggests riq or another kind of tambourine.

Trans'n: We, to this door, seeking neither pride nor glory... we have come.





Trans'n: For shelter from ill-fortune, here... we have come. / From behind the caravan, with the fire of sighing "ah!"...



Trans'n: Traveling along love's journey, from the borders of nothingness, now, into states of being, all this way...



Trans'n: O ship of grace, where is thy anchor of forebearance? For in this ocean of generosity, immersed in sin...

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Trans'n: Hâfez, throw off your woolen kherqe, for we, from behind the caravan, with the fire of sighing "ah!"...



Trans'n: ...we have come. For shelter from ill-fortune... We have come.

FROM BEHIND THE CARAVAN: SONGS OF HÂFEZ

II. suffer no grief

SSAA chorus, alto soloist, viola or cello, Persian hand drum*

Hâfez Abbie Betinis



Trans'n: Joseph, forsaken, shall return to Canaan. Suffer no grief.

From the thorny stalks of family grief, one day, a rose garden. Suffer no grief.

^{*} Hand percussion: tombak (though daf or other frame drum is also possible)



Trans'n: If you desire the way and plant your pilgrim foot in the desert,

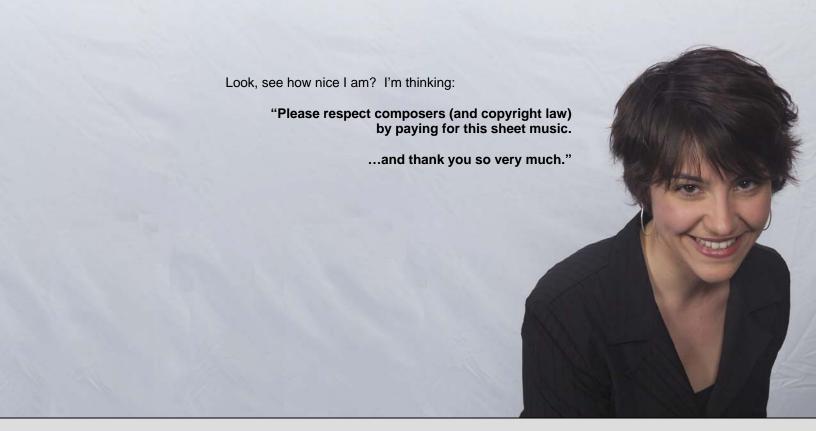
Then if the mighty Arabian thorn makes reproofs, suffer no grief, suffer no grief... O heart...

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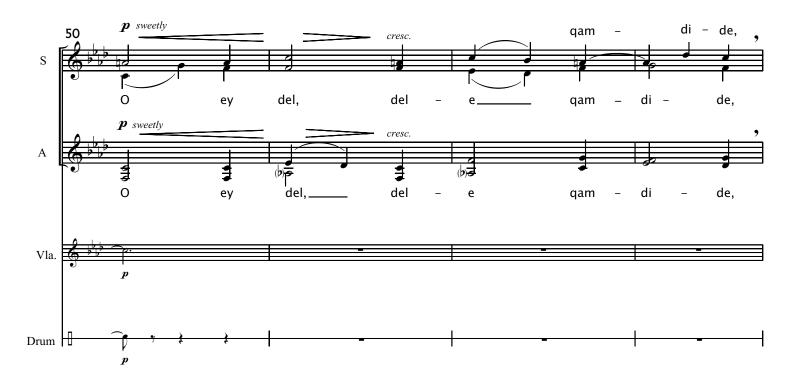
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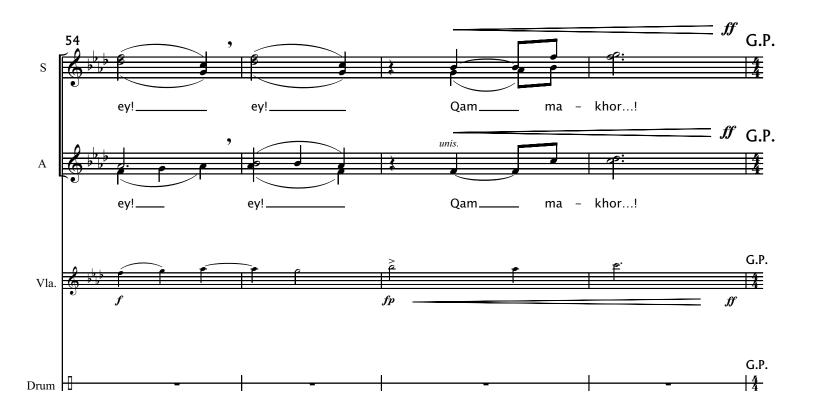


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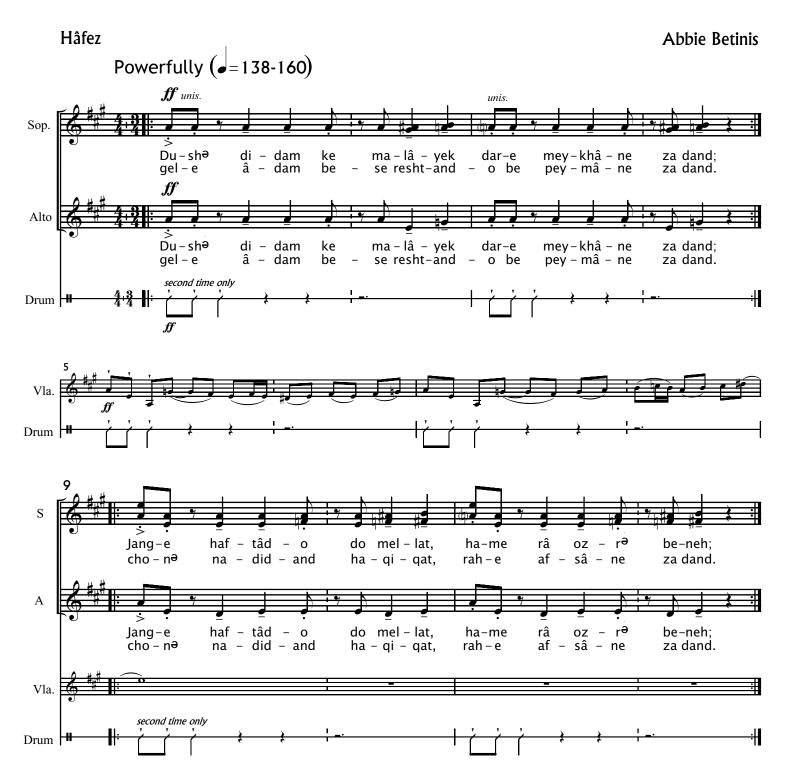


Trans'n: O heart, O despairing heart, O! O! Suffer no grief ...!

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III. closer to the fire

SSA chorus (or trio), viola or cello, Persian hand drum*

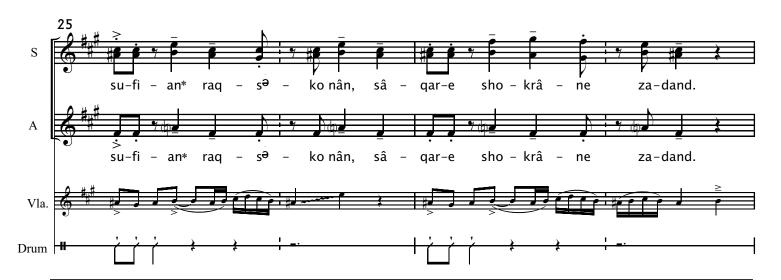


^{*} Note: Composer suggests Tombak, handclaps, and/or other high-pitched, sharp percussive sounds.

Trans'n: Last night I saw the angels beating at the door of the tavern; The clay of Adam they shaped, and into the mould they cast it.

The churches war among themselves, forgive them; When they cannot see the truth, the door of fable they beat.





Trans'n: Fire, Fire! Oh! Thanks be to God, for between me and Him, peace chanced; Sufis, dancing, cast their cup of thankfulness!

^{*} Some manuscripts read "hourian" (angels) rather than "sufian" (Sufis).

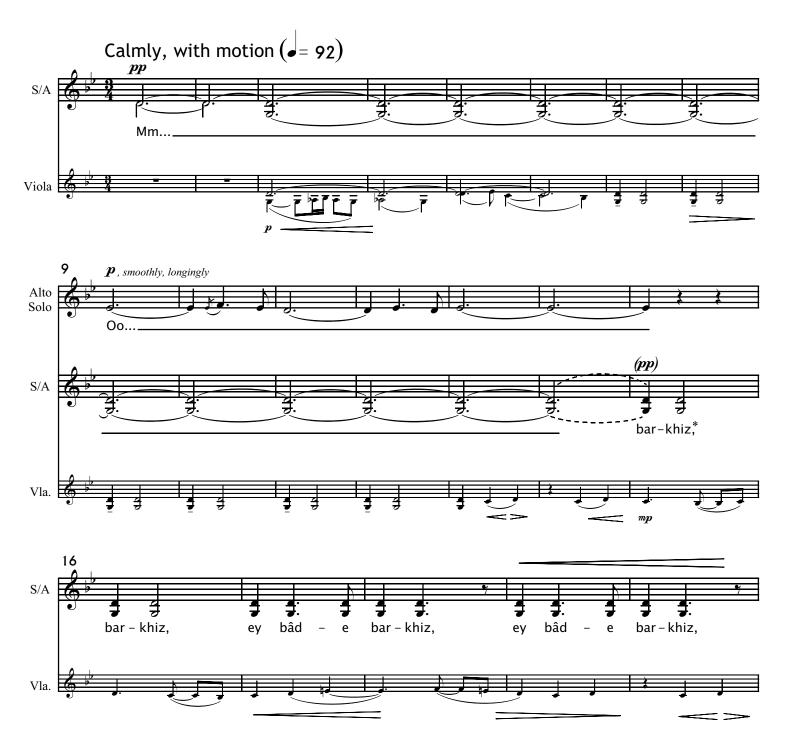


Trans'n: Fire, Fire! Oh! Oh! Fire, fire, fire, fire.... Oh! Oh!

IV. boatpeople

SSAA chorus, s. a. soloists, viola or cello

Hâfez Abbie Betinis



^{*} Note: on "barkhiz" ostinato: very soft consonants, mumbled even, as if in a dream

Trans'n: Arise, arise... O breeze arise...



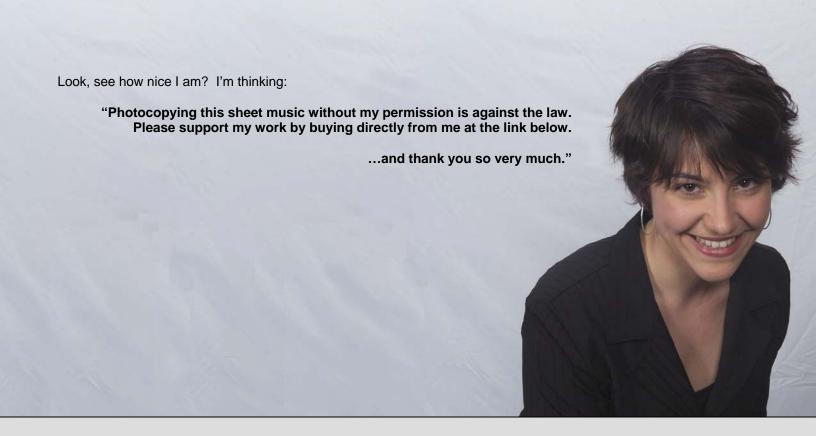
Trans'n: My heart falls from grasp! Come to my cry, for God's sake;

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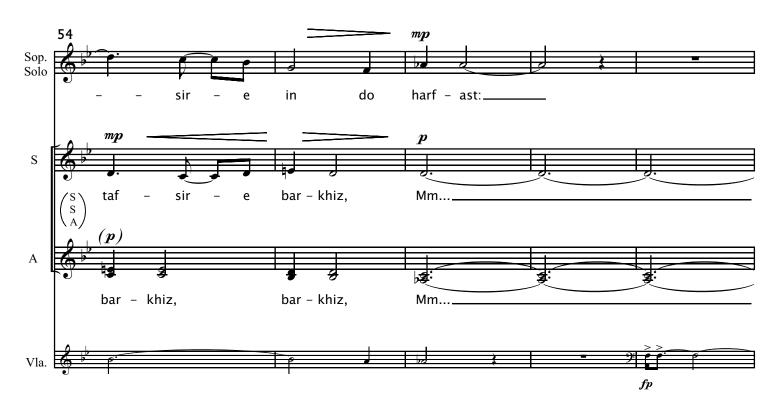


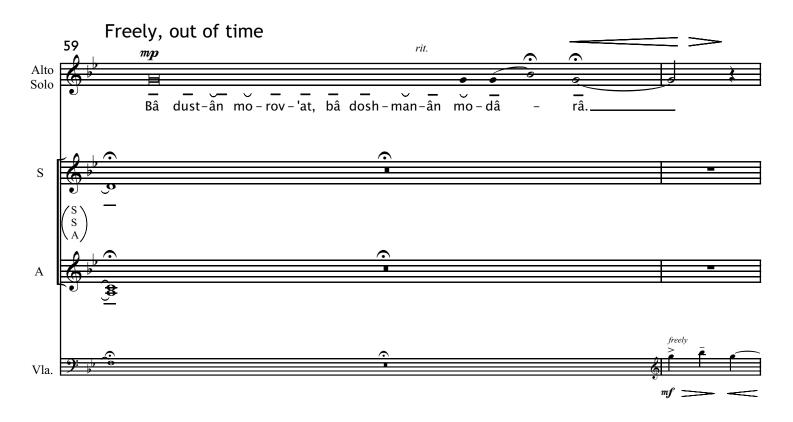
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Trans'n: To ease the pain of the world...





Trans'n: ...live by these words: With friends, give kindness; with enemies, courtesy.



Trans'n: Shipwrecked are we, O fair breeze, arise! So that, again, we may behold the face of the Beloved.

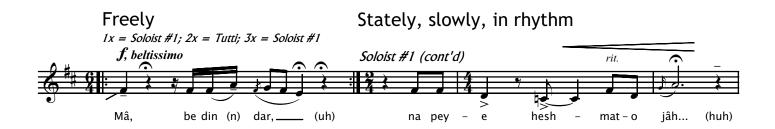


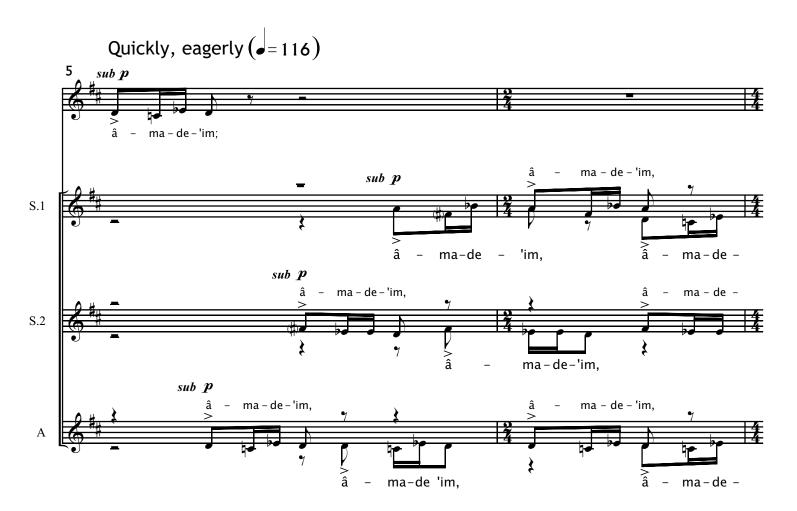
Trans'n: Behold...

V. we have come (reprise)

SSAA chorus, s. a. soloists, viola or cello, Persian hand drum*

Hâfez Abbie Betinis





* Note: Composer suggests riq or another kind of tambourine.

Trans'n: We, to this door, seeking neither pride nor glory... we have come.

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Trans'n: ..."ah!"... we have come, we have come, we have come!

Also by Abbie Betinis . . .

The Burt Family Carols Series:

(Abbie is the grand-niece of composer Alfred Burt, and carries on the tradition of writing a new carol every year)

Behind the Clouds	SATB a cappella	The Music of Abbie Betinis AB-059-C8
Hail, Christmas Day!	SATB a cappella	Fred Bock Music F2354
Prayer for Peace	SATB a cappella, s./t. solos	Fred Bock Music F2358
Run, Toboggan, Run	SATB div., a cappella	Fred Bock Music F2356
Song of the Pines	SATB a cappella	The Music of Abbie Betinis AB-041-C5

Selected Choral Works:

The Babe of Bethlehem, arr. Text and tune: William Walker in <u>Southern Harmony</u>	SATB div., a cappella	The Music of Abbie Betinis AB-031-01
Bar xizam (Upward I rise) Text: Hâfez (in Persian)	SATB div., s. a. t. b. solos, a capp.	The Music of Abbie Betinis AB-052-00
Dormi, Jesu (Sleep Jesus) Text: traditional Latin	SATB a cappella	G. Schirmer Cat. No. 50486936
Carmina mei cordis Text: traditional Latin	SATB div., a cappella	The Music of Abbie Betinis AB-030-01
Cedit, Hyems (Be gone, winter!) Text: Prudentius (in Latin)	SATB div. (or SSAA div.), flute	G. Schirmer Cat. No. 50486492
Chant for Great Compassion Text: traditional Chinese	SSAA div., a cappella	The Music of Abbie Betinis AB-057-01
Jerusalem Luminosa Text: Thomas a Kempis (in Latin)	SA a cappella	Kjos Music Cat. No. 6323
Long Time Trav'ling Text: traditional American shape-note texts	SATB div., tenor duet	Santa Barbara Music Pub. SBMP-702
Spell of the Elements Text: Elizabeth Jennings (in English)	SATB double chorus, piano	The Music of Abbie Betinis AB-053-00
Yhinx: An Ancient Greek Love Charm Text: Theocritus & ancient Greek stone (in Greek)	TTBB a cappella, t. t. b. solos	The Music of Abbie Betinis AB-018-01



Reviewed as "audacious... edgy and thrilling," the music of Abbie Betinis is being performed increasingly in the United States and abroad. Born in 1980, Abbie has been commissioned by more than 40 music organizations including the Dale Warland Singers, Cantus, The Rose Ensemble, and The Schubert Club. A 2009 McKnight Fellow, she has also won a Jerome Commissioning Grant, the Craig and Janet Swan Composer Prize, and awards from the American Composers Forum, ASCAP, Minnesota Music Educators Association and the Sorel Organization. Ms. Betinis studied composition at St. Olaf College, the University of Minnesota, and the European American Musical Alliance in Paris, France, where faculty from Juilliard and the Paris Conservatory teach harmony and counterpoint in the tradition of Nadia Boulanger. Abbie's music is primarily self-published (The Music of Abbie Betinis) and is distributed internationally, with additional scores published by Fred Bock Music, Graphite Publishing, Kjos, Santa Barbara Music Publishing, and, most recently, in G. Schirmer's Dale Warland Series.

Since 2005, Abbie has been Composer-in-Residence for The Schubert Club. She has also held residencies with The Singers—Minnesota Choral Artists and The Rose Ensemble. A three time cancer survivor, she lives in St. Paul, Minnesota.